

# Youth-based Volunteer Training, and School and Community Substance Abuse Prevention Program Series at Mahaweli System “B”

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### Introduction

Mahaweli Authority of Sri Lanka has collaborated with National Dangerous Drugs Control Board to enhance the quality of lives their farmers and reduce the use of substance in their areas since 2016.

In 2025 February, Mahaweli Authority of Sri Lanka has organized Youth-base Training and Evidence based Substance Abuse Prevention Program series in Mahaweli System “B” targeting Youths, schools and community organizations.

Evidences show that youth is a powerful force in drug prevention in the world. They have an outstanding understanding and ability to reach out their peers more than any prevention expert. This makes them easy to reach their own youth group members with positive drug prevention messages without stigmatizing. “Sujatha Daruwo” programme aims to train these youth groups as peer educators and drug prevention agents to deliver drug prevention message to community in their respective Mahaweli areas.

National Dangerous Drugs Control Board (NDDCB) is the pioneer government institution, which discharges its functions with an aim to control (Demand Reduction) the drug menace from Sri Lanka. In 1984, parliament enacted the National Dangerous Drugs Control Board Act No. 11 of 1984 and the board came into operation on 9<sup>th</sup> of April 1984.

The Prevention Education and Training Division is committed to fulfilling the responsibility of the National Dangerous Drugs Control Board to reduce the prevalence of drug abuse and mitigate the harm caused by drugs in accordance with the statutory law and international conventions of

Sri Lanka. In order to find solutions to the prevailing drug problem in the island, programmes with balanced and comprehensive approaches are implemented to reduce the demand for narcotics, focusing on prevention, social integration and sustainable development.

The Mahaweli Authority of Sri Lanka established in 1979 by an Act of Parliament. They are involving more than 40% of total land of Sri Lanka to innovative Agriculture productivity based on the latest technology supplementing the generation of renewable energy, best environment and tourism for the enrichment of the Sri Lankan community and their living standards.

### **Vision**

- Drug Free Mahaweli

### **Goals**

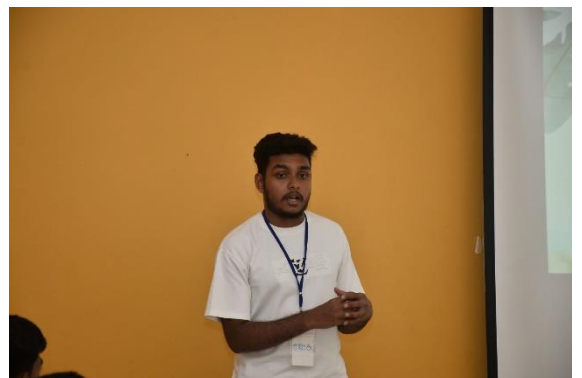
- Develop active volunteer youth work force for SUD prevention
- To avoid or delay drug use, especially adolescence in Mahaweli areas.
- Enhance the quality of living in Mahaweli villagers.
- Reduce the demand for the substances in Mahaweli areas.
- To Make an Active Drug Prevention work force in the area.

### **Objectives**

- Conduct drug prevention activities (Awareness and Campaigns) in the area.
- Build a supportive group in the village for drug prevention.
- Empower government and non-government societies for Substance Abuse Prevention in own areas.

### **Target Group**

- Fifty (50) volunteer youth leaders in Mahaweli System “B”



## Method

- Interactive Sessions (Discussions ,Using Multi – Media, Group Activities)
- Group activities and Discussions
- Role plays

## Date and Venue

- 10<sup>th</sup> – 14<sup>st</sup> of February 2025
- Auditorium of National Sport Complex - Polonnaruwa

## Budgeted and Organized by

- Mahaweli Authority of Sri Lanka.

## Conducted by

- Preventive Education and Training Division of National Dangerous Drugs Control Board.

## Program Evaluation

- Role-plays and Presentations
- Pre and Post test
- program evaluation forms



Inter and Intra Personal Skills and Leadership skill develop programs



## Summary of Prevention Program

No	Name of the Program	Number of Programmes	Number of Participants
01	School Awareness Programmes	28	5398
02	Parenting awareness Programmes	03	216
03	Youth Awareness Programmes	03	130
04	Community Awareness Programmes	16	999
05	Law Enforcement Awareness Programmes	02	130
<b>Total</b>		<b>52</b>	<b>6873</b>

## Student Awareness Program

No.	Date	Name of the School	Number of Participants
01	10.02.2025	Rethithenna Iqrah Vidyalayam	62
02	11.02.2025	Katuwanvila M.M.V	78
03	11.02.2025	Al Ameen Muslim M.V	85
04	13.02.2025	Maduruoya Mahavidyalaya	68
05	14.02.2025	Thirukkonamadu Muslim M.V	41
06	13.02.2025	Sewanapitiya M,V - Welikanda	110
07	11.02.2025	Welikanda M.V - Welikanda	130
08	28.02.2025	Sobitha M.V - Padukka	70
09	10.02.2025	Leelarathne Wijesingha M.V, Aralaganwila.	75
10	11.02.2025	Wijaya Parackrama K.V,Kalukele.	120
11	14.02.2025	Bogaswewa M.V, Kashyapapura.	175
12	14.02.2025	Kashyapa M.V, Dimbulagala.	450
13	10.02.2025	Vilayaya National Collage	618
14	10.02.2025	Alawakubura maha Viddiyalaya	206
15	14.02.2025	Manampitiya Sinhala maha Viddiyalaya	210
16	10.02.2025	Aselapura M.V	289
17	10.02.2025	Kadawathmaduwa Dharmapala M.V	76
18	11.02,2025	Palatiyawa M.V	67
19	13.02.2025	Damminna M.V	356
20	13.02.2025	Kandegama M.V	66
21	18.02.2025	Kadawalawewa M.V	150
22	10.02.2025	Madagama M.V – Dewagala (Grade 8,9,10,11)	233
23	10.02.2025	Madagama M.V – Dewagala (Grade 6,7)	141
24	11.02.2025	Allewewa M.V	490
25	11.02.2025	Vidyadarsha M.V	225
26	13.02.2025	Nelumwewa M.V	181
27	13.02.2025	Nawaginidamana M.V	545
28	14.02.2025	Sinhapura M.V	81
<b>Total</b>			<b>5398</b>

### Parenting Awareness Programs

No.	Date	Name of the School	Number of Participants
01	11.02.2025	Al Hudha Pre School	85
02	14.02.2025	Thirukkonnamadu Muslim M.V	68
03	11.02.2025	Palatiyawa K.V, Allewewa.	63
<b>Total</b>			<b>216</b>

### Youth Awareness Program

No	Date	Name of the Institute	Number of Participants
01	11.02.2025	Youth Club - Diuldamana	48
02	13.02.2025	VTA –Kaduruwela	38
03	13.02.2025	VTA –Kaduruwela	44
<b>Total</b>			<b>130</b>

### Community – based Substance Abuse Prevention Program

No.	Date	Name of the Community Organization	Number of Participants
01	12.02.2025	Jayanthiyaya famers association	48
02	12.02.2025	Mahawelithenna Mosque	04
03	11.02.2025	Malwila, Bedum ela Farmer Society - Community Hall – Senapura	71
04	10.02.2025	Farmer Society, Pimburaththawa.	32
05	12.02.2025	Borawewa Viharaya, Sewanapitiya.	55
06	12.02.2025	Shri Dhammikaramaya, Mayuragala.	30
07	14.02.2025	System B, Unit Office, Dalukana.	38
08	10.02.2025	Maduruthanna Farmer society- vijayabha Pura	50
09	12.02.2025	Jethawanarama Temple- Wijayabha Pura	320
10	10.02.2025	Mahasenoura Famer Society	42
11	11.02.2025	Pahala Ellewewa Famer Society	74
12	12.02.2025	Weerana Center - Dibulagala	46
13	12.02.2025	Ellewewa Community Program	18
14	13.02.2025	Ehala Ellewewa Famer Society	84
15	13.02.2025	Bedum ela Famer Society - Paletiyawa	54
16	14.02.2025	Parakum Yaya Famer Society - Sinhapura	33
<b>Total</b>			<b>999</b>

### Law Enforcement Awareness Program

No	Date	Name of the Institute	Number of Participants
01	12.02.2025	Gamunu Watch Regiment – Damminna – Welikanda (Polonnaruwa)	54
02	14.02.2025	Civil Defense Force – Sewanapitiya	76
<b>Total</b>			<b>130</b>







## **Resource Panel**

Ms. Priyadarshani Rathnayake - Drug Education and Information Officer

Ms. Inusha Nilmini Hettiarachchi - Drug Education and Information Officer

Ms. J. A. I. Sewwandi Jayakodi - Drug Education and Information Officer

Mr. M. M. G. B. M. Rashad – Assistant Drug Education and Information Officer

Mr. N. G. D. S. Wijesinghe – Assistant Counseling Officer

Mr. W. G. Supun Udana - Drug Education and Information Assistant

## **Project Responsible**

- Mr. Pradeep Koholanegedara - Assistant Director – Preventive Education and Training, National Dangerous Drugs Control Board.
- Mr. U. G. P. Ruwan Kumara – Assistant Director, Industrial Development Division, Mahaweli Authority of Sri Lanka.

## **Operational Responsible**

- Mr. W. G. Supun Udana – Drug Education and Information Assistant, National Dangerous Drugs Control Board.
- Mr. Dilnuwan Kulaseksara - Industrial Development Officer, Mahaweli Authority of Sri Lanka.

## **Special Thank**

- Chairman of National Dangerous Drugs Control Board.
- Director General of Mahaweli Authority of Sri Lanka.
- Director General of National Dangerous Drugs Control board.
- Residential Project Manager (RPM) – System B.
- Deputy Residential Project Manager (DRPM) – System B.
- Assistant Director of Preventive Education and Training Division.
- Assistant Director of Industrial Development Division – Mahaweli Authority of Sri Lanka.
- All supportive staff at Mahaweli Authority of Sri Lanka and National Dangerous Drugs Control Board.